

## Thermal degradation kinetics and physicochemical analysis of the freeze-dried hibiscus flower extract (*Hibiscus sabdariffa*)

Auryclennedy Calou de Araújo<sup>1\*</sup>, Francislaine Suelia dos Santos<sup>1</sup>, Marylia de Sousa Costa<sup>1</sup>, Karoline Thays Andrade de Araújo<sup>1</sup>, Josivanda Palmeira Gomes<sup>1</sup>, Wilton Pereira da Silva<sup>1</sup>, Alexandre José de Melo Queiroz<sup>1</sup>, Geovani Soares de Lima<sup>1</sup>, Lauriane Almeida dos Anjos Soares<sup>1</sup>, Ângela Maria Santiago<sup>2</sup>

<sup>1</sup>Federal University of Campina Grande, Academic Unit of Agricultural Engineering, Campina Grande, 58.109-970, Paraíba, Brazil

<sup>2</sup>Estate University of Paraíba, Department of Industrial Chemistry, Campina Grande, 58101-001, Brazil

\*Corresponding author: auryclennedy@hotmail.com

### Abstract

The goal of this research was to evaluate the kinetics of thermal degradation of the hibiscus extracts powder at different temperatures and to characterize physicochemically the freeze-dried aqueous extract of the hibiscus flower (*Hibiscus sabdariffa*) with different concentrations of maltodextrin (0, 5, 10 and 15%). The analyzed parameters were: water content, total soluble solids, titratable acidity, pH, ash, solubility, hygroscopicity, bulk and tapped density, the flowability (Carr index) and cohesiveness (Hausner ratio), lightness (L\*) and intensity of red (a\*) and yellow (b\*). The degradation kinetics was analyzed by the determination of bioactive compounds of flavonoids, anthocyanins and color appearance parameters (lightness, intensity of red and yellow, chroma and hue angle). The increase in maltodextrin concentration resulted in increases of solubility, soluble solids content, pH and color appearance parameters; as the parameters of bulk and tapped density, hygroscopicity, water content, ash and acidity presented decreases as the proportion of additive increased, showing good flowability and low to medium cohesion. Regarding the degradation kinetics, the maltodextrin was effective in the preservation of anthocyanins and flavonoids of the freeze-dried hibiscus flower up to the temperature of 50 °C. Therefore, this work resulted in the preparation of a product derived from the freeze-drying process with and without additives and with preserved sensory attributes of high quality.

**Keywords:** *Hibiscus sabdariffa* L.; anthocyanins; bioactives; degradation kinetics; aqueous extract; flavonoids.

**Abbreviations:** pH\_hydrogen potential; DE\_ dextrose equivalent; DW\_dry water; p/p\_powder Pulp; °Bx\_°Brix; HR\_Hausner ratio; SSC\_soluble solids content; CI\_Carr index; NaCl\_sodium chloride; pap\_bulk density; pc\_tapped density.

### Introduction

The hibiscus is a species of the genus *Hibiscus* in the *Malvaceae* family and it is a plant of Indian origins, more accurately from Sudan and Malaysia (Maciel et al., 2012). In different regions of Brazil this plant is also known as hibiscus, rosela, groselha, azedinha, quiabo azedo, among others. It is known that this species is a great source of antioxidant and its actions are significant in the treatment of hypertension, gastrointestinal disorder, liver diseases, as well as reducing lipid and cholesterol levels (Silva, 2011).

The search for a healthier life caused an increase in the demand for hibiscus as a consequence of the studies and researches showing its great potential when it comes to health benefits. Due to the hibiscus functionality, great interest emerged from industries to use this species as a food component for the preparation of several products in the food industry such as teas, fermented beverages, soft drinks, jellies, ice cream, chocolates and cakes (Costa et al., 2014).

There are several drying methods that can be applied to fruits and vegetables, such as tray drying, sun drying, foam mat drying, spray drying and freeze-drying/ lyophilization. The freeze-drying is a drying method that occurs under

special conditions of low temperature and pressure, allowing the water in the solid phase (frozen) to go directly to the gaseous phase through the sublimation process. By using low temperatures, freeze-drying preserves better the heat-sensitive components of food; however when compared to other types of drying it is a relatively expensive process, despite achieving good results.

Zotarelli et al. (2012) report that because the water is removed from a frozen product in the freeze-drying process, a porous structure is formed resulting in a dehydrated product with better properties when rehydrated. Although the hygroscopic nature of freeze-dried products be an advantage for rehydration, the adsorption of water vapor during storage and distribution can become a serious problem (Rhim et al., 2011). For this reason Galmarini et al. (2011) suggest that to improve the quality of freeze-dried materials one should consider the use of freeze-drying additives, such as maltodextrin with different dextrose equivalent (DE) and gum arabic. In addition to allow the achievement of less hygroscopic powders, these additives can produce 'loose' powders of easy handling and good quality (Mosquera et al., 2012).

Given the information above, the goals of this research were to perform the chemical, physical and physicochemical characterization of the freeze-dried aqueous extract of the hibiscus flower with different concentrations of maltodextrin and to evaluate the kinetics of thermal degradation of the studied extracts powder at different temperatures.

## Results and discussion

### Chemical and physicochemical characterization of hibiscus extracts powder

The Table 1 presents the mean values and standard deviation of the chemical and physicochemical characterizations of the freeze-dried hibiscus extracts powder with and without addition of maltodextrin. It was observed that the water content of the powder without addition of maltodextrin corresponded to 13.46%, value close to the ones found in the studies of Silva et al. (2016) when analyzing the chemical compounds of the Chinese hibiscus flowers; it also presented a water content of 13.91% D.W., and in the studies of Sobota et al. (2016), the evaluation of the physicochemical profile of the calyx of the species *Hibiscus sabdariffa* L. determined water content of 12.90%. With the increase of maltodextrin concentration in the hibiscus powder the water content was reduced from 13.46% to 7.93% when the maltodextrin concentration increased from 0 to 15%, respectively. This same behavior was observed by Oliveira et al. (2014) when they evaluated the characterization of the *Spondias mombin* pulp powder with and without addition of maltodextrin and they observed that its water content decreased from 2.05 to 0.65% after the addition of 17% (p/p) of maltodextrin; concluding that this decrease can be attributed to the higher amount of solids present in this pulp. The determination of total ash content refers to the remaining inorganic residue after the complete destruction of the food organic matrix. The values found for the hibiscus powders varied from 9.34% for the powder without addition and from 8.60 to 6.96% for the powders with different concentrations of maltodextrin; no significant difference was verified for the concentration of 10 and 15%. Sobota et al. (2016) evaluated the physicochemical profile of the calyx of the species *Hibiscus sabdariffa* L. and found ash content of 9.27%.

The effect of adding up to 15% of maltodextrin to the hibiscus extract caused a great decrease in its titratable acidity, while the amount of total solids ( $^{\circ}\text{Bx}$ ) increased significantly with the increase of the maltodextrin concentration; therefore Oliveira et al. (2014) confirmed that this fact explains the decrease in acid content of the powder containing higher percentage of maltodextrin. Studies by Oliveira et al. (2017) regarding the freeze-drying of the "Rosa" mango pulp with and without addition of maltodextrin indicate that the addition of additives also reduced the titratable acidity and increased the pH of their samples. The pH of the hibiscus powder with the addition of different concentrations of maltodextrin did not present significant differences between each other, since these values are higher in comparison to the pH value of the powder sample without the addition of maltodextrin. The slightly acid pH is due to the water solubility of pigments, such as anthocyanins, which are present in the hibiscus leaves (Hayashi, 1962; Timberlake et al., 1975).

The color appearance parameters of the powders, such as lightness and intensity of red and yellow, increased as the concentrations of maltodextrin also increased. The lightness

presented results similar to those found by Tonon et al. (2009) in their work with açai powder added with different concentrations of maltodextrin; they realized that with the increase of concentrations of this additive the lightness also increased, unlike the intensity of red  $a^*$  which decreased and the intensity of yellow  $b^*$  which did not present significant difference with the increase of the maltodextrin concentrations. However, in this research the values of  $a^*$  for all the powders with and without the addition of maltodextrin presented positive values, indicating that these powders present more reddish tones, although it was also possible to observe that the red intensity increased with the increase of the additive concentration, which can be justified by the action of this agent in the conservation of pigments (anthocyanins and flavonoids) (Silva, 2007).

Regarding the intensity of yellow  $b^*$ , the results were also positive tending towards more yellowish pigments and these attributes were also increasing as the concentrations of maltodextrin increased. These results were opposite to the ones found by Oliveira et al. (2014) in their work with freeze-dried *Spondias mombin* pulp added with maltodextrin, in which the powders containing maltodextrin presented increase in lightness and decrease in red and yellow intensity.

### Physical characterization of hibiscus extracts powder

The Table 2 presents the mean values and standard deviation of the physical characterizations of the freeze-dried hibiscus extract powder with and without addition of maltodextrin. It can be observed that there was a significant increase in the solubility values with the increase of maltodextrin in the samples; according to Sogi et al. (2015) this behavior is related not just to the presence of sugars, but mostly to the addition of highly water-soluble adjuvants. Solubility is an important propriety of edible raw materials because poorly soluble powders can cause processing difficulties which can result in economic losses in the industry, as reported by Sharma et al. (2012) in their studies on the functionality of milk powders. Lower values were reported for the powder of hibiscus leaves (*Hibiscus sabdariffa* L.) obtained by foam mat drying at temperatures of 60 to 80 °C, presenting solubility between 30.4 and 50.5% (Cavalcante Neto, 2017).

The powders presented high hygroscopicity, particularly the powder without additive addition and the one with 5%; the fact that this parameter reduced with the biggest increase of the maltodextrin proportion confirms the efficiency of the use of drying adjuvants to reduce the hygroscopicity of dehydrated products (Tonon et al., 2009). Similar behavior was observed by Costa et al. (2014) when studying the physical characteristics of the soursop pulp powder obtained by spray drying, in which the authors used 15, 30 and 45% of maltodextrin, determining that the use of this additive was efficient to reduce the hygroscopicity of the produced soursop powders, with reduction around 45% due to the high concentrations used.

The bulk density significantly reduced with the increase of maltodextrin concentration, indicating that for the same mass of hibiscus extract powder, the higher the level of additives, the bulkier the product becomes. This observation is important, especially for packaging and/or storage of powder products, since it can be used to better sizing of packages and/or warehouses. It was also observed a direct correlation of bulk density to solubility, suggesting that the

more voluminous the powder (that is, the less dense) the greater is its solubility (Sogi et al., 2015).

Regarding the tapped density, Medeiros and Lannes (2010) affirm that it is understood as the compression of a biphasic system, solid and gas (powder and air), under the action of a force which results in the reduction of the product volume. To determine the compaction is useful to evaluate the flow, verify the tendency to friction and the agglomeration of powders. It was verified similar behavior between tapped and bulk density, with significant statistical decrease with the increase of maltodextrin proportion. Close values were observed for the tomato pulp dehydrated by convective drying at the temperatures of 60 and 80 °C, in which the powders without albumin presented tapped density values of 0.267 and 0.454 g/cm<sup>3</sup> respectively (Fernandes et al., 2014).

The Carr index (CI) or compressibility index of the extract powders of the freeze-dried hibiscus presented means from 16.67 to 20.00%. There was increase of the index with the increase of maltodextrin proportion. This index measures the powders capacity of flow. Values of CI between 15-20% have good flowability, between 20-35 poor flowability, between 35-45% very poor flowability and CI > 45 extremely poor flowability (Santhalakshmy et al., 2015). Therefore, it was verified that all the powders in this study presented good flowability regardless of any additive addition. Caliskan and Dirim (2016), when drying sumac (*Rhus coriaria*) with 20% of maltodextrin in different drying processes, spray drying and freeze-drying, verified flowability of 33.94 and 25.02%, respectively, with the greater values for the freeze-dried material.

The mean values of Hausner ratio (HR) varied from 1.20 to 1.25, parameter which evaluates the cohesiveness of powder products, observing that the increases of maltodextrin in the powders resulted in a significant increase of HR. According to Santhalakshmy et al. (2015), powders which presented Hausner ratio inferior to 1.2 are classified as low cohesion, HR from 1.2 to 1.4 are medium cohesion and HR > 1.4 are considered of high cohesion. Therefore, the studied powders presented low to medium cohesion. Yusof et al. (2012) reported HF of 1.24 in the pitaya pulp powder obtained by spray drying, values similar to the ones of this study.

#### **Thermal degradation of hibiscus extracts powder**

In the Fig 1 are expressed the results of the flavonoid values present in the freeze-dried hibiscus extract with different concentrations of maltodextrin (0, 5, 10 and 15%) and their behavior when subjected to high temperatures (40, 50, 60 and 70 °C). The formulations with higher maltodextrin concentrations presented the highest initial values related to the content of flavonoids present in the sample, a total found of 37.08 and 36.80 mg.100g<sup>-1</sup> for the formulations with 10 and 15% of maltodextrin, respectively, which did not differ statistically from each other. The formula with the lowest content of flavonoids was the standard sample, without addition of drying additive in its formulation, representing 18.18 mg.100g<sup>-1</sup> of flavonoids, followed by the sample with 5% of maltodextrin with value of 33.27 mg.100g<sup>-1</sup>; such behavior is due to the fact that the drying additive used worked as a protective agent for these compounds during the freeze-drying, in which it was observed that as the concentration of maltodextrin increased, greater was the preservation of flavonoids during drying, with this effect being stabilized in the formulation

with 10%, since no statistical difference was found when comparing to the formulation with the highest concentration of 15%. It was noted that there was a degradation in the total amount of flavonoids throughout the experiment, as the samples were subjected to high temperatures (40, 50, 60 e 70 °C) simulating a baking process, the compounds were degraded. According to a review by Arancibia-Avila et al. (2012), most mentioned researchers concluded that the thermal processing of fruits and vegetables significantly reduces the content of their bioactive compounds and the level of antioxidant activity, as occurred in our study with the variable flavonoids.

The formulation that best preserved the analyzed bioactive compounds was the sample with 10% of maltodextrin, presenting a total loss of 3.29% of flavonoids at the end of the experiment when the temperature reached 70 °C, followed by the formulation with 15% of maltodextrin which had a reduction of 13.42% in the total flavonoids; the sample with lower maltodextrin concentration of 5%, presented a decrease of 19.53% of flavonoids, and the sample with the lowest flavonoid preservation power when subjected to high temperatures was the standard sample without addition of maltodextrin in its composition, with a decrease of 23% of flavonoids after the thermal degradation.

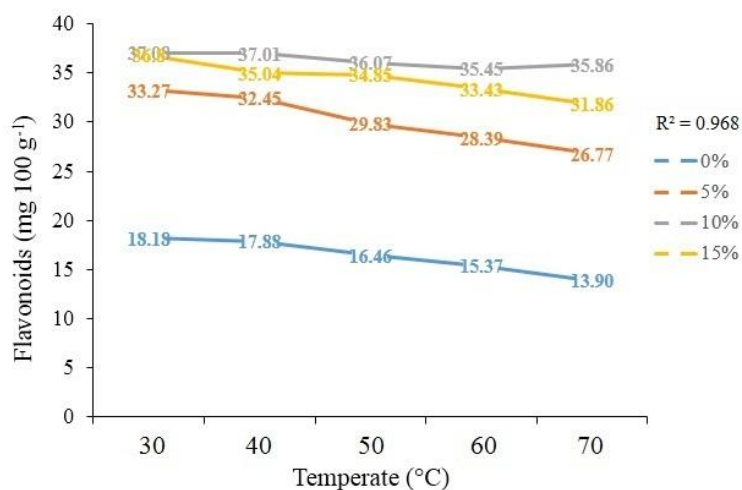
In the Fig 2 are expressed the results of the anthocyanin values present in the freeze-dried hibiscus extract with different concentrations of maltodextrin (0, 5, 10 and 15%) and their behavior when subjected to high temperatures (40, 50, 60 e 70 °C). It was verified that the percentage of maltodextrin influenced in the preservation of anthocyanins, a fact similar to what happened when the flavonoids were analyzed. In the initial values, the influence of the percentage of the drying additive is observed in the preservation of these pigments during freeze-drying; all the formulations differed statistically when compared to each other, with the formulation of 10% being the one that presented the best results in this first moment representing 57.24 mg.100<sup>-1</sup> of anthocyanins followed by the formulation of 15%, with values of 56.63 mg. 100<sup>-1</sup> and the formulations with lower values of 5 and 0% of maltodextrin, that obtained averages of 49.91 and 39.79 mg.100<sup>-1</sup> respectively. The values of anthocyanins decreased when the samples were submitted to high temperatures (40, 50, 60 and 70 °C); this pattern can be explained due to the degradation of anthocyanins during the experiment and the formation of new pigments. In their work with blackberries harvested in three different points of harvest, Souza et al., (2018) also verified this behavior regarding the anthocyanin, which can be explained in the present experiment, since these pigments presented sensibility to heating temperatures.

It is observed that when reaching the temperature of 60 °C, the values of anthocyanins presented a quite stronger decrease compared to previous heating points; this behavior is observed in the formulations with maltodextrin in their composition, while the standard sample, with no addition of maltodextrin, kept its gradual decreasing behavior. The maltodextrin behaved as a protective barrier for these pigments up to the temperature of 50 °C, in which the losses of anthocyanins represented 16.00, 11.09 and 10.63% for the formulations with 5, 10 and 15% of maltodextrin, respectively. The highest point of degradation of anthocyanins, in which one can observe the highest loss between two temperatures, occurred when the samples were subjected to the temperature of 60 °C.

**Table 1.** Mean values and standard deviation of the chemical and physicochemical characteristics of the freeze-dried hibiscus extract powder with and without addition of maltodextrin.

Parameters	Concentration of maltodextrin			
	0%	5%	10%	15%
Water content (%)	13.46±1.34 a	8.78±0.13b	8.72±0.16 b	7.93±0.10 b
Ash (%)	9.34±0.74 a	8.60±0.08 b	7.58±0.01 c	6.96±0.12 c
Total titratable acidity (g of citric acid/100g)	24.12±0.98 a	19.31±0.28 b	16.23±0.46 c	13.55±0.17 d
Total soluble solids (°Brix)	8.50±0.00 c	8.73±0.12 b	8.87±0.12 ab	9.00±0.00 a
pH	2.67±0.05 b	2.83±0.02 a	2.84±0.02 a	2.86±0.02 a
Lightness (L*)	3.65±0.02 d	3.96±0.05c	4.87±0.10 b	5.31±0.08 a
Intensity of red (+a*)	20.12±0.16 c	22.71±0.60 b	23.68±0.46 b	26.95±0.61 a
Intensity of yellow (+b*)	2.90±0.74 c	3.99±0.32 bc	4.58±0.25 ab	5.46±0.65 a

Means followed by the same letter in the lines do not differ statistically by the Tukey test at 5% probability.

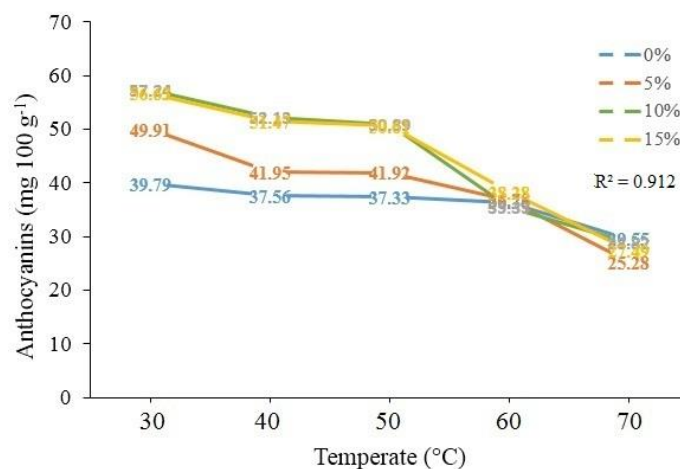


**Fig 1.** Mean values of flavonoids (mg 100g<sup>-1</sup>) during kinetics of thermal degradation of the freeze-dried hibiscus extract with different concentrations of maltodextrin.

**Table 2.** Mean values and standard deviation of the physical characteristics of the freeze-dried hibiscus extract powder with and without addition of maltodextrin.

Parameters	Concentration of maltodextrin			
	0%	5%	10%	15%
Solubility (%)	52.98±0.74 d	61.01±1.09 c	69.80±2.90 b	78.89±0.74 a
Hygroscopicity (%)	85.42±0.03 a	80.81±0.01 b	76.48±0.06 c	72.80±0.18 d
Bulk density (g.cm <sup>-3</sup> )	0.420±0.012 b	0.398±0.008 ab	0.388±0.011 b	0.359±0.08 c
Tapped density (g.cm <sup>-3</sup> )	0.504±0.015 a	0.495±0.09 a	0.485±0.008 a	0.441±0.01b
Carr index (%)	16.67±1.15 b	18.67±0.58 ab	19.33±1.15 a	20.00±0.00 a
Hausner ratio	1.20±0.02 b	1.23±0.01 ab	1.24±0.02 a	1.25±0.00 a

Means followed by the same letter in the lines do not differ statistically by the Tukey test at 5% probability.



**Fig 2.** Mean values of anthocyanins (mg.100g<sup>-1</sup>) during kinetics of thermal degradation of the freeze-dried hibiscus extract with different concentrations of maltodextrin.

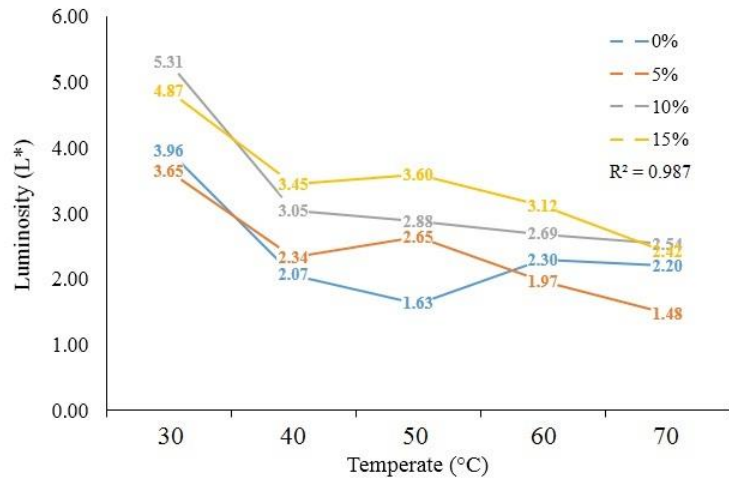


Fig 3. Mean values of lightness (L \*) during kinetics of thermal degradation of the freeze-dried hibiscus extract with different concentrations of maltodextrin.

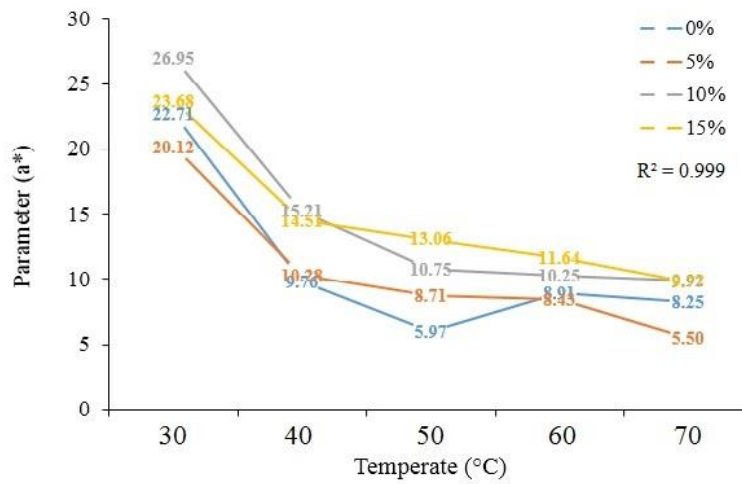


Fig 4. Mean values of parameter a\* during kinetics of thermal degradation of the freeze-dried hibiscus extract of with different concentrations of maltodextrin.

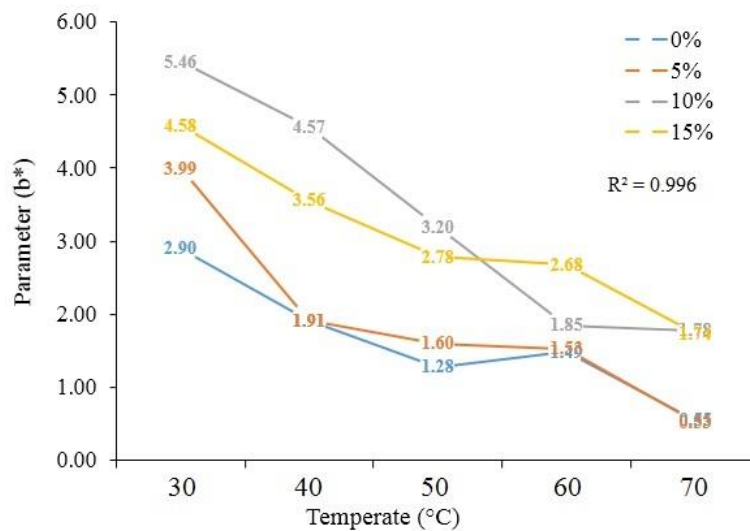


Fig 5. Mean values of parameter b\* during kinetics of thermal degradation of the freeze-dried hibiscus extract with different concentrations of maltodextrin.

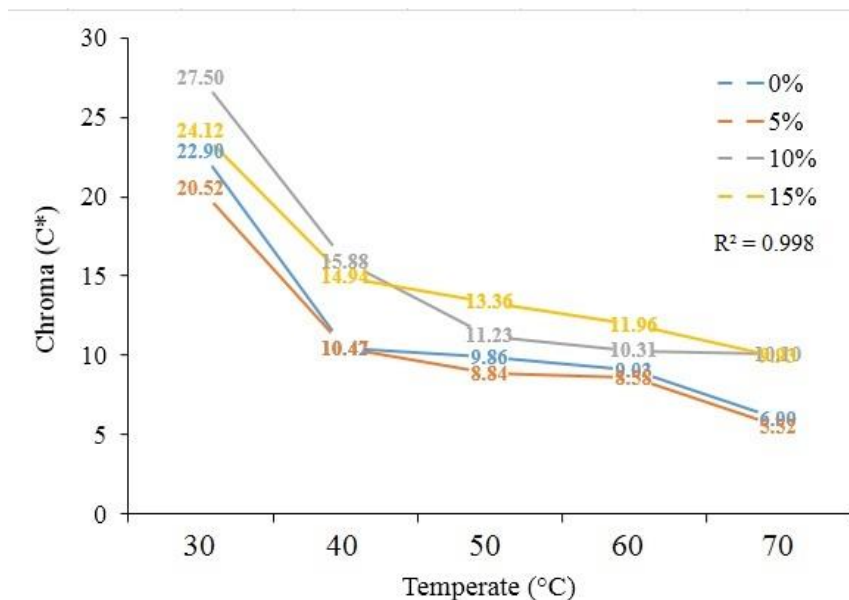


Fig 6. Mean values of chroma C\* during kinetics of thermal degradation of the freeze-dried hibiscus extract with different concentrations of maltodextrin.

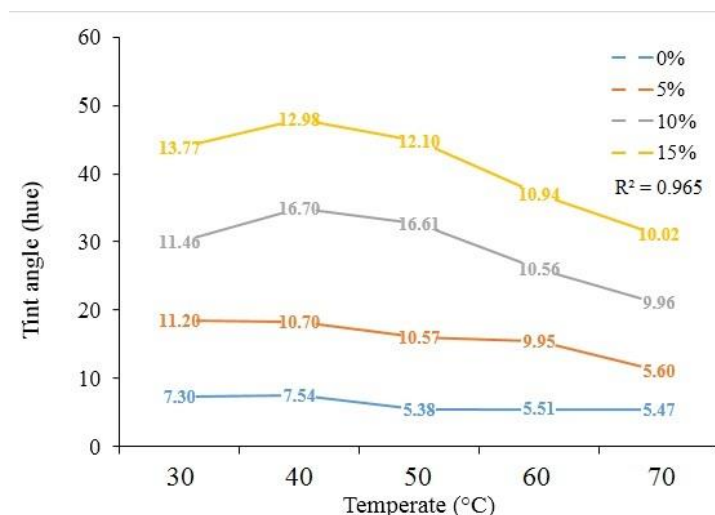


Fig 7. Mean values of tint angle (hue) during kinetics of thermal degradation of the freeze-dried hibiscus extract with different concentrations of maltodextrin.

At the end of the experiment, when the samples reached the temperature of 70 °C, the standard sample without maltodextrin had a decrease of 25.73% in its content of anthocyanins, followed by 49.34 and 49.65% of loss of anthocyanins in the samples with 5 and 10% of maltodextrin, respectively. The sample which presented the highest percentage of anthocyanin loss, at the experiment's end, was the formula with 15% of maltodextrin in its composition, presenting a percentage of 51.45% of degradation of anthocyanins, thus concluding that the samples with maltodextrin in its formula were not effective in preserving this pigment when subjected to temperatures above 50 °C.

Behavior similar to the one of this study was observed by Silva et al. (2016), when they quantified the anthocyanins present in industrialized acerola pulp; the pulps were submitted to thermal degradation and presented a reduction of 17.04% in their pigments when exposed to the temperature of 60 °C, while the degradation carried at a

temperature of 70 °C presented reduction of 40.37% of total anthocyanins.

The color appearance parameters of the freeze-dried hibiscus extract with different concentrations of maltodextrin are shown in Figures 3, 4, 5, 6 and 7. The data obtained in thermal degradation at the five studied temperatures were analyzed in terms of order of reaction; the graphs were plotted with the values collected in the analysis performance versus the heating temperature.

The Fig 3 shows the lightness of the powders during thermal degradation. Initially it is verified that the powder added with 10% of maltodextrin was the one that presented the highest lightness followed by the sample with 15% of this additive, but these values can be justified, since the hibiscus extract has dark color and the addition of maltodextrin, that has white color, caused higher lightness. During heating there was a significant reduction of lightness in all samples, with average reduction of 50% in relation to the initial values in the samples with 5, 10 and 15% of maltodextrin and 44%

reduction for the sample without the additive (0%). These alterations reflect the degradation of the natural pigments from the food matrix, that is, the anthocyanins and flavonoids present in the extract. This behavior was also observed in researches with heat treatments, like samples of fruit puree (Brito et al. 2011) and non-alcoholic drinks of hibiscus leaves (Martins et al. 2018).

The Fig 4 shows the values of the parameter  $a^*$  that corresponds to the intensity of red of freeze-dried hibiscus extract with different concentrations of maltodextrin through the thermal degradation kinetics. The powders that presented higher amount of maltodextrin stood out in relation to the initial values, with the extract without additive transitioning from the purple/lilac color to a more intense red color. During degradation, the parameter  $a^*$  presented the significant reduction of 58% in relation to the initial mean values in all the studied samples. This reaction is associated to the darkening of the sample already observed in lightness (Figure 3) and it can be linked to three important causes: caramelization of sugars in the sample, Maillard reaction and oxidation of vitamins during the process (Manzocco et al., 2000).

The Fig 5 shows the values of  $b^*$  that represent the intensity of yellow of the freeze-dried hibiscus extract with different concentrations of maltodextrin during its thermal degradation kinetics. It was observed that the powders with higher percentages of additives were those with the highest intensity of yellow; and during the kinetics, as well as the parameters studied above, there was a significant decrease of color intensity with an average reduction in relation to the initial values above 80% in the powders with 0 and 5% of maltodextrin concentration and 62-67% in the powders with 10 and 15% of additive, respectively. It was verified that with the heating of the samples the color of the extracts powder approached negative values, that match the transition of yellow ( $+b^*$ ) to blue ( $-b^*$ ), corresponding to the alkaline condition of the anthocyanin present in the extract.

The chroma of hibiscus extract powder with different concentrations of maltodextrin during thermal degradation is presented in Fig 6, in which were verified higher means for the powders with higher concentration of the additive (10 and 15%) in relation to the initial values. During degradation there was a significant reduction of the chroma values, mostly in the concentrations of 0 and 5%, with decrease above 70% in relation to initial values. According to Canuto et al. (2010) the lowest values of chroma (close to zero) indicate higher opacity of samples, with neutral colors (grays), and the highest values (above 60) correspond to more intense, "vivid" shades. Therefore, the powders presented less intense colors and over the course of degradation they tended to neutral tones.

In the Fig 7 are the mean values of the hue angle of the freeze-dried hibiscus extract with different concentrations of maltodextrin during its thermal degradation kinetics. It was observed by the initial values that the increase in the additive proportion caused an intensification of hue in the powders and all of them remained with hues in the red zone, which corresponds to values close to the angle  $h = 0^\circ$  (Alves et al., 2008). During thermal degradation, there was a significant decrease in the hue of all the studied powder extracts, with reduction means above 20% in relation to the initial values.

## Materials and methods

### Obtaining the raw material and extract

The raw material used was the hibiscus (*Hibiscus sabdariffa*) flowers naturally dehydrated, exposed to the sun and commercialized in the local market of Campina Grande, PB, Brazil. The flowers were selected manually in order to eliminate dirt or unwanted materials. The aqueous extract was obtained from chopped hibiscus flowers in the ratio of 1:3 (m/v), in which to one portion of raw material were added three portions of distilled water.

The material was macerated and maintained for 24 h at room temperature  $\pm 25^\circ\text{C}$  in a glass container with lid and covered by aluminum foil, being homogenized by manual and slow shaking every 6 h. After this period, the material was filtered in stainless steel sieve and formulated, resulting in 4 samples: pure extract (0%) and the extracts added of 5, 10 and 15% of maltodextrin. The formulated samples were subjected to freeze-drying. After drying the samples were macerated and stored in flexible laminated packaging, suitable for food, and hermetically sealed until further analyses.

### Chemical and physicochemical characteristics of the powders

The following analyses were determined according to the analytical standards of the Institute Adolfo Lutz (2008). The water content was determined in an oven at  $105^\circ\text{C}$  until constant mass; the soluble solids content (SSC) in an Abbe refractometer; total titratable acidity by the titrimetric method, titrating the samples with 0.1 M sodium hydroxide solution using phenolphthalein as indicator; pH by direct reading in TEC-2 Tecnal pH meter, calibrating with buffer solutions of pH 4.0 and 7.0; ash by incineration in muffle furnace at  $550^\circ\text{C}$  and the color appearance parameters were determined by direct reading using the portable spectrophotometer Hunter Lab MiniScan XE Plus in the CIELAB color characterization system, determining the parameters:  $L^*$  - lightness;  $a^*$  - transition from green ( $-a^*$ ) to red ( $+a^*$ ); and  $b^*$  - transition from blue ( $-b^*$ ) to yellow ( $+b^*$ ).

### Physical characteristics of the powders

The solubility was determined according to the method described by Cano-Chauca et al. (2005), which consists of adding 0.5 g of the powder to 50 mL of distilled water on the magnetic stirrer at 1000 rpm for 5 min. Then the samples were subjected to centrifugation at 2600 rpm for 5 min. An aliquot of 12.5 mL of precipitate was taken to the oven at  $105^\circ\text{C}$  for 24 h and the solubility was calculated by the weight difference, in which the solubility in % is equal to the mass of the precipitate powder divided by the mass of total powder, the value is then multiplied by 100.

The hygroscopicity was determined according to the methodology proposed by Cai and Corke (2000), in which samples of approximately 1 g of each powder were placed in Petri dishes, inside airtight containers containing saturated solution of NaCl (relative humidity  $\approx 75.29\%$  at  $25^\circ\text{C}$ ), at a controlled temperature of  $25^\circ\text{C}$  for a period of 8 days. After this period, the hygroscopic moisture was weighted and expressed in g of moisture per 100 g of dry solids (g/100 g).

The bulk density (pap) was determined with the aid of a 10 mL test tube previously weighted and subsequently filled with the powder; the density was determined by the ratio

mass/volume. The tapped density ( $\rho_c$ ) was determined with the material used in the bulk density by subjecting the test tube filled with the sample to tap for 50 times over the bench top, from a predetermined height of 2.5 cm, the ratio mass/ tapped volume was calculated according to the methodology described by Tonon et al. (2009).

The Carr index (CI), which corresponds to the flowability index and the Hausner ratio (HR), which evaluates the cohesiveness of the powder were determined by the methodology of Wells (1988) and calculated from the data of bulk ( $\rho_p$ ) and tapped density ( $\rho_c$ ).

The data of the analyses were submitted to analysis of variance and the means were compared by the Tukey test at 5% probability using the Sisvar software version 5.6 (Ferreira, 2014).

#### Thermal degradation of the lyophilized hibiscus

The thermal degradation was performed by diluting the samples powder in distilled water in the ratio of 1:10, then they were heated in water bath at the temperatures of 30, 40, 50, 60 and 70 °C for a period of 10 minutes; the analysis of the bioactive compounds of flavonoids and anthocyanins were carried out according to the method described by Francis (1982), in which 0.2 g of the sample was diluted in 40 mL of the extractive solution of HCl ethanol (1.5 N) in the ratio 85:15, kept in a dark environment and resting for 24 h under refrigeration. The readings were performed in spectrophotometer at a wavelength defined at 374 and 535 nm of absorbance for flavonoids and anthocyanins respectively. The color appearance parameters were already mentioned above, and the values of  $a^*$  and  $b^*$  were used to calculate the values of chroma ( $C^*$ ) and hue angle ( $h$ ).

#### Statistical analysis

The data of chemical, physical and physicochemical characterizations were submitted to analysis of variance in triplicate with the means compared by the Tukey test at 5% probability.

The data obtained in the kinetics of thermal degradation of freeze-dried powders were applied to a completely randomized design in a 4 x 5 factorial scheme: four powders with different proportions of maltodextrin (0, 5, 10 and 15%) and five temperatures (30, 40, 50, 60 and 70 °C). The analyzes were performed in triplicate and the Tukey test was used to compare the means.

In both materials, the Sisvar software version 5.6 was used (Ferreira, 2014).

#### Conclusion

It was observed that with the increase in maltodextrin proportion, the powders of the freeze-dried hibiscus extract presented increase in solubility, pH and total soluble solids, as well as decrease in hygroscopicity, water content, ash and acidity; all the powders presented good flowability and low to medium cohesion. The powders with higher concentrations of maltodextrin presented higher lightness and better preservation of red and yellow intensity. The maltodextrin is efficient in the preservation of anthocyanins of the freeze-dried hibiscus flower up to the temperature of 50 °C and the heating of the extracts powder significantly changed the hue and intensity of color under the evaluated conditions, due to the exponential degradation of the anthocyanins and flavonoids present in the extracts throughout the heating; Thus, this work resulted in the

preparation of a product derived from the freeze-drying process with and without additives and with preserved sensory attributes of high quality.

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